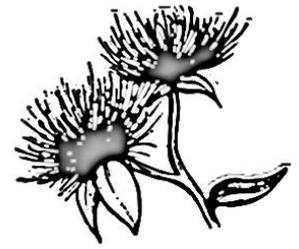


Hororata Primary School

PRINCIPAL'S BULLETIN



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Executive Summary

- Overview
- Distance Learning Programmes
- COVID-19 Parenting Tip

Overview

Kia ora Koutou

Quote of the week ... *"Until further notice, the days of the week are now called – Thisday, Thatday, Otherday, Someday, Yesterday, Today and Nextday"* - Anon

If the days have escaped you, tis Wednesday, Week Five of Term Three and we are in still at Alert Level 4 of the latest coronavirus Delta outbreak lockdown | rāhui. It is not the time to become complacent and let our guard down, it is the time to stay on course and maintain those high standards that kept us safe to date.

A BIG shout out to whanau | families working hard at home keeping our tamariki | children safe, happy and learning. Schools build upon the successful learning provided in the home by parents. Parents and teachers working together in partnership will help children achieve success (Alison Dewsbury).

Remember, whatever children hear, see and do at home, they soak up and learn from it. The work set by teachers is designed to support everything you are doing already at home, not to replace it. Your main role is to decide what learning will look like for your kids at home, how you can best achieve it as a family and when is the best time to do it?

Tamariki | children and parents are able to connect with their teachers for support daily, and teachers are committed to helping the best way they can. Please encourage your children to communicate with their teachers for help, rather than doing this yourself. We encourage student agency as this is a big part of our school culture... life is a lot less stressful if you follow these simple steps.

Finally, let's not get distracted by the possible announcements later this week of the country changing Alert Levels. This does not mean that family, school or community life will return to normal, nor does it mean that school gates will be flung open on Monday and children will be able to resume learning at school. We are living a new normal now and life for us all will be a little different until we are confident that we have conquered Delta... watch this space!

He waka eke noa | We are all in this together

Ngā mihi nui

Marty Gameson (Tumuaki | Principal)

Have you downloaded our school app yet?

Never miss important school information again!



- ✓ Events
- ✓ Notices
- ✓ Instant school messages
- ✓ Absentee
- ✓ Newsletters
- ✓ Permission slips



Simple free download:
In Google Play and App Store search 'Skool Loop' and choose our school once installed.



HPS Distance Learning Programme

The Work@Home learning experiences are designed for families to complete together. Collaboration between siblings and other family members is encouraged. The programme is less about assessment and getting everything right, and more about practising the skills and strategies we learn at school every day, in real world situations.

Follow these simple steps to access the latest Work@Home information:

1. Go to the School Website - <https://hororata.ultranet.school.nz/Home/>
2. On the Home Page select the Work@Home tab on the task bar (at the top right of the screen)
3. On the Work@Home screen select COVID Updates for information about school closure or Work@Home (2021) for that the latest work sheets.

Remember, we want you to stay in touch. Emailing is our preferred method of communication and is a good way to let your teacher know what you need and how it is all going.

Rule of thumb...

Insert child's class name at the start of the email address: _____@hororata.school.nz

Example: Kakapo class (Cullen) = kakapo@hororata.school.nz

Exceptions to the rule - Piwakawaka (Raybould) is abbreviated to 'piwi' & Mr G is 'principal'

COVID-19 Parenting Tip

Helping children and young people cope with the changes caused by the COVID-19 (Coronavirus) means providing accurate information, discussing facts without causing undue alarm, and re-establishing routines.

You are an important role model for children and young people. Staying calm and enabling time and space to be together with children will help them adjust to this "new normal".

Children and young people look to adults for guidance on how to react to stressful events. If parents or teachers seem overly worried, children's and young people's anxiety may rise. Parents and teachers can reassure children and young people that everyone is working together, from the Prime Minister down, to help people throughout the country stay healthy and to limit the spread of this virus.

Remember, COVID-19 may never come to your place or to your community. If you feel anxious, that's a normal reaction to the new situation we all face. Children and young people notice when we are anxious. As a parent or teacher think about how your reactions could impact on the people around you. Take a quick break if things feel overwhelming, or notice and try some slow breathing, or concentrate on the sounds outside, anything that you know helps. You can express your feelings but base your words on facts and truth, and model how you want children and young people around you to behave.

Our school is helping children continue their learning, in person or online through the alert levels. Keep children and young people engaged in their usual activities and routines as much as is possible. This will support their wellbeing, connection with others and their learning. If you need help with this, contact your classroom teacher.

Unite
against
COVID-19

Tech Tips @Home



Prioritize Sleep

Keep devices out of bedrooms and plan for enough sleep



Charging Station

Set up a charging station in a neutral location (not bedrooms) in the house.



Time Limits

Agree to sensible limits for screen and tech for all. Help children prioritize their use of time with tech.



Device Free Dinners

Prioritize personal connections with Device Free Dinners. *Disconnect to reconnect!*



Common Sense Media

Visit <https://www.commonsensemedia.org/> for great resources for parents



Enjoy It Together

Watch movies and play games together. What discussions do they raise?

As adults, we can model the change we wish to see. What choices are we making?

Adapted from the Western Academy of Beijing

6 COVID-19 PARENTING

Talking about COVID-19

Be willing to talk. They will already have heard something. Silence and secrets do not protect our children. Honesty and openness do. Think about how much they will understand. You know them best.

Be open and listen

Allow your child to talk freely. Ask them open questions and find out how much they already know.

Be honest

Always answer their questions truthfully. Think about how old your child is and how much they can understand.

Be supportive

Your child may be scared or confused. Give them space to share how they are feeling and let them know you are there for them.

It is OK not to know the answers

It is fine to say "We don't know, but we are working on it; or we don't know, 'but we think'." Use this as an opportunity to learn something new with your child!



Heroes not bullies

Explain that COVID-19 has nothing to do with the way someone looks, where they are from, or what language they speak. Tell your child that we can be compassionate to people who are sick and those who are caring for them.

Look for stories of people who are working to stop the outbreak and are caring for sick people.

There are a lot of stories going around

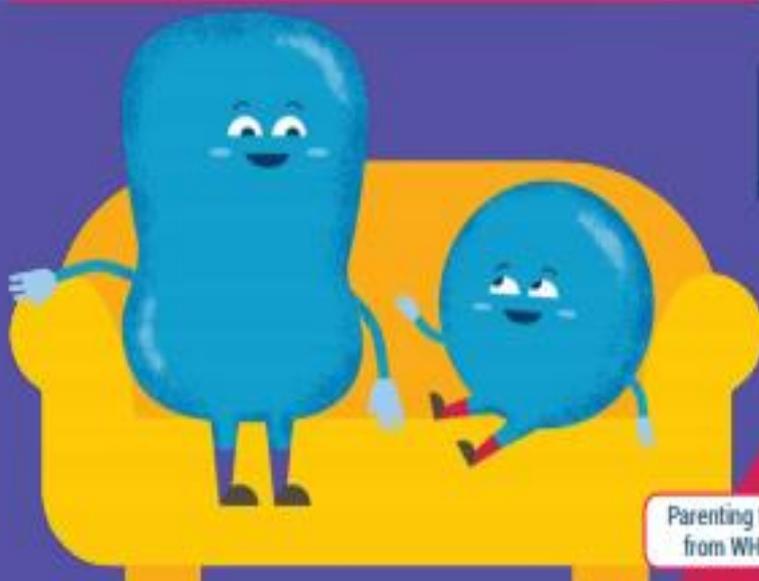
Some may not be true. Use trustworthy sites:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>
and

<https://www.unicef.org/coronavirus/covid-19>
from WHO and UNICEF.

End on a good note

Check to see if your child is okay. Remind them that you care and that they can talk to you anytime. Then do something fun together!



For more information click below links:

Parenting tips
from WHO

Parenting tips
from UNICEF

In worldwide
languages

EVIDENCE-BASE